



# CALDICOT METHODIST CHURCH

## Monthly Notices – February 2026



**Our Minister: Rev. Bethany Willers**

**To contact us please email: [caldicotmc@gmail.com](mailto:caldicotmc@gmail.com) and your query will be directed to the relevant person. Or if you need to contact Rev. Bethany, email [revbwillers@gmail.com](mailto:revbwillers@gmail.com) or call 01291 625015**

### **Pastoral Letter**

Dear Friends,

As February begins, we turn our hearts towards Lent and the preparation for Easter. If that feels early this year, that's because it is, especially compared to last year! I always find that the way Lent and Easter wander around the calendar can really make a year feel different. When Ash Wednesday falls in February instead of March, it always makes the season feel premature, and sometimes I don't quite feel ready for it when I'm still recovering from Advent and Christmas!

But perhaps that's why we get six weeks of Lent. Even if we aren't ready for it in the beginning, we have time to prepare our hearts and minds for what is to come. At the time I'm writing, the Methodist Church hasn't put out a whole lot about Lent 2026 yet, but their website page does say this: "Lent (the 40 days before Easter) is a journey of pausing, breathing, and making space for God."

They go on to say this: "It's bigger than giving up chocolate. It's letting go of whatever weighs you down and being open to what lifts you up. The benefits last longer than 40 days. It's a way of life – and we do it together.

This space is here to help you pause, breathe, and rediscover what matters most – through simple spiritual practices, fresh hope, and a gentle invitation to joy. Whether you're curious about faith, exploring spirituality, or just looking for a moment of calm, you're in the right place.

Life is fuller when we switch our negative mind-set for a good news mind-set. It can actually change everything when we start believing the good stuff. Lent helps us let go of what weighs us down and open up to what brings life. And you don't have to do it alone."

I'm hoping to see more of this theme and how we can incorporate it into our worship this year. In the meantime, if you want to sign up for weekly emails from the Methodist Church, you can do so here: <https://www.methodist.org.uk/faith/lent-2026/>

Blessings,  
Bethany

# We welcome all who worship with us

**Sunday mornings @ 10:00 in the church and available on Zoom**  
For further details or to request the Zoom link, please contact Jack Healey or  
Gareth Edwards at [caldicotmc@gmail.com](mailto:caldicotmc@gmail.com)

## Planned preachers in February:

**1<sup>st</sup> February – Yvette Edwards (Café Church)**

**8<sup>th</sup> February – Local Arrangement**

**15<sup>th</sup> February – Rev'd Bethany Willers (Holy Communion)**

**22<sup>nd</sup> February – Rev'd Anne Ellis**

## Other Diary Dates:

- **Thursdays 5<sup>th</sup> and 19<sup>th</sup> February – 2:00 - Friends and Neighbours**
- **Thursdays 12<sup>th</sup> Feb at 7pm – Recharge Café Church - at Portskewett Church Hall**
- **COFFEE MORNINGS: Every Tuesday & Friday 9:30am**

## **Quiz raising funds for Christian Aid**

Alison and Russ Smith are preparing for the next quiz afternoon. **Saturday the 28<sup>th</sup> March at 2pm** in the schoolroom.

They would like your help with donations for raffle prizes, putting the date in your diary and inviting your friends to form teams. ( Max 6 people , cost £3 per person)  
Funds raised will go to Christian Aid.

**To submit notices for March: Please contact Lin/Jack Healey by 22<sup>nd</sup> February**